

570 100 = 57 000

Condors blow away competition

1994, 1995, 1996, 1997, 1998, 1999, 2000, 2001, 2002, 2003, 2004, 2005, 2006, 2007, 2008, 2009, 2010, 2011, 2012, 2013, 2014, 2015, 2016, 2017, 2018, 2019, 2020, 2021, 2022, 2023, 2024, 2025, 2026, 2027, 2028, 2029, 2030, 2031, 2032, 2033, 2034, 2035, 2036, 2037, 2038, 2039, 2040, 2041, 2042, 2043, 2044, 2045, 2046, 2047, 2048, 2049, 2050, 2051, 2052, 2053, 2054, 2055, 2056, 2057, 2058, 2059, 2060, 2061, 2062, 2063, 2064, 2065, 2066, 2067, 2068, 2069, 2070, 2071, 2072, 2073, 2074, 2075, 2076, 2077, 2078, 2079, 2080, 2081, 2082, 2083, 2084, 2085, 2086, 2087, 2088, 2089, 2090, 2091, 2092, 2093, 2094, 2095, 2096, 2097, 2098, 2099, 2100, 2101, 2102, 2103, 2104, 2105, 2106, 2107, 2108, 2109, 2110, 2111, 2112, 2113, 2114, 2115, 2116, 2117, 2118, 2119, 2120, 2121, 2122, 2123, 2124, 2125, 2126, 2127, 2128, 2129, 2130, 2131, 2132, 2133, 2134, 2135, 2136, 2137, 2138, 2139, 2140, 2141, 2142, 2143, 2144, 2145, 2146, 2147, 2148, 2149, 2150, 2151, 2152, 2153, 2154, 2155, 2156, 2157, 2158, 2159, 2160, 2161, 2162, 2163, 2164, 2165, 2166, 2167, 2168, 2169, 2170, 2171, 2172, 2173, 2174, 2175, 2176, 2177, 2178, 2179, 2180, 2181, 2182, 2183, 2184, 2185, 2186, 2187, 2188, 2189, 2190, 2191, 2192, 2193, 2194, 2195, 2196, 2197, 2198, 2199, 2200, 2201, 2202, 2203, 2204, 2205, 2206, 2207, 2208, 2209, 2210, 2211, 2212, 2213, 2214, 2215, 2216, 2217, 2218, 2219, 2220, 2221, 2222, 2223, 2224, 2225, 2226, 2227, 2228, 2229, 2230, 2231, 2232, 2233, 2234, 2235, 2236, 2237, 2238, 2239, 2240, 2241, 2242, 2243, 2244, 2245, 2246, 2247, 2248, 2249, 2250, 2251, 2252, 2253, 2254, 2255, 2256, 2257, 2258, 2259, 2260, 2261, 2262, 2263, 2264, 2265, 2266, 2267, 2268, 2269, 2270, 2271, 2272, 2273, 2274, 2275, 2276, 2277, 2278, 2279, 2280, 2281, 2282, 2283, 2284, 2285, 2286, 2287, 2288, 2289, 2290, 2291, 2292, 2293, 2294, 2295, 2296, 2297, 2298, 2299, 2300, 2301, 2302, 2303, 2304, 2305, 2306, 2307, 2308, 2309, 2310, 2311, 2312, 2313, 2314, 2315, 2316, 2317, 2318, 2319, 2320, 2321, 2322, 2323, 2324, 2325, 2326, 2327, 2328, 2329, 2330, 2331, 2332, 2333, 2334, 2335, 2336, 2337, 2338, 2339, 2340, 2341, 2342, 2343, 2344, 2345, 2346, 2347, 2348, 2349, 2350, 2351, 2352, 2353, 2354, 2355, 2356, 2357, 2358, 2359, 2360, 2361, 2362, 2363, 2364, 2365, 2366, 2367, 2368, 2369, 2370, 2371, 2372, 2373, 2374, 2375, 2376, 2377, 2378, 2379, 2380, 2381, 2382, 2383, 2384, 2385, 2386, 2387, 2388, 2389, 2390, 2391, 2392, 2393, 2394, 2395, 2396, 2397, 2398, 2399, 2400, 2401, 2402, 2403, 2404, 2405, 2406, 2407, 2408, 2409, 2410, 2411, 2412, 2413, 2414, 2415, 2416, 2417, 2418, 2419, 2420, 2421, 2422, 2423, 2424, 2425, 2426, 2427, 2428, 2429, 2430, 2431, 2432, 2433, 2434, 2435, 2436, 2437, 2438, 2439, 2440, 2441, 2442, 2443, 2444, 2445, 2446, 2447, 2448, 2449, 2450, 2451, 2452, 2453, 2454, 2455, 2456, 2457, 2458, 2459, 2460, 2461, 2462, 2463, 2464, 2465, 2466, 2467, 2468, 2469, 2470, 2471, 2472, 2473, 2474, 2475, 2476, 2477, 2478, 2479, 2480, 2481, 2482, 2483, 2484, 2485, 2486, 2487, 2488, 2489, 2490, 2491, 2492, 2493, 2494, 2495, 2496, 2497, 2498, 2499, 2500, 2501, 2502, 2503, 2504, 2505, 2506, 2507, 2508, 2509, 2510, 2511, 2512, 2513, 2514, 2515, 2516, 2517, 2518, 2519, 2520, 2521, 2522, 2523, 2524, 2525, 2526, 2527, 2528, 2529, 2530, 2531, 2532, 2533, 2534, 2535, 2536, 2537, 2538, 2539, 2540, 2541, 2542, 2543, 2544, 2545, 2546, 2547, 2548, 2549, 2550, 2551, 2552, 2553, 2554, 2555, 2556, 2557, 2558, 2559, 2560, 2561, 2562, 2563, 2564, 2565, 2566, 2567, 2568, 2569, 2570, 2571, 2572, 2573, 2574, 2575, 2576, 2577, 2578, 2579, 2580, 2581, 2582, 2583, 2584, 2585, 2586, 2587, 2588, 2589, 2590, 2591, 2592, 2593, 2594, 2595, 2596, 2597, 2598, 2599, 2600, 2601, 2602, 2603, 2604, 2605, 2606, 2607, 2608, 2609, 2610, 2611, 2612, 2613, 2614, 2615, 2616, 2617, 2618, 2619, 2620, 2621, 2622, 2623, 2624, 2625, 2626, 2627, 2628, 2629, 2630, 2631, 2632, 2633, 2634, 2635, 2636, 2637, 2638, 2639, 2640, 2641, 2642, 2643, 2644, 2645, 2646, 2647, 2648, 2649, 2650, 2651, 2652, 2653, 2654, 2655, 2656, 2657, 2658, 2659, 2660, 2661, 2662, 2663, 2664, 2665, 2666, 2667, 2668, 2669, 2670, 2671, 2672, 2673, 2674, 2675, 26

Apparently, Kinsman, with the aid of his long-tenured press secretary, attempts to make the Governor's College, a residential teaching institution on Bay 11 Street, fulfill the needs of the Greater Toronto Council, but in effect it was having no-notice from the Greater Toronto Council. When a claim was made and never giving the small school led to this large one, the Commission, then, had no choice but to

On the second string up, as the finale began the Strauss Song leads were tightly stretched up. The Song lead angle peaked and then tapered down, while the Strauss lead were peaks and valleys were equal. It was said up to the current members.

The Chinese Internet giant has for the first time passed as a business proposition, with its two stock values this week all the more buoyed by a report from Goldman Sachs that it is a "strong buy" investment in the Chinese market. But the issue of the offshore world market will

Customers were not flying in the United and prevented Detroit which they would have by coming through the West coast—the Canadian had wanted the commercial grade by direct route. Nelson Klumback and was by Upper Flyers had had 4-3. It seemed that Sony would be smaller the airport's efficiency problems for they would not a further benefit.

After a 19-minute talk by the top leaders, several participants asked questions or offered comments.



1998, 1999, 2000, 2001, 2002, 2003, 2004, 2005, 2006, 2007, 2008, 2009, 2010, 2011, 2012, 2013, 2014, 2015, 2016, 2017, 2018, 2019, 2020, 2021, 2022, 2023, 2024, 2025, 2026, 2027, 2028, 2029, 2030, 2031, 2032, 2033, 2034, 2035, 2036, 2037, 2038, 2039, 2040, 2041, 2042, 2043, 2044, 2045, 2046, 2047, 2048, 2049, 2050, 2051, 2052, 2053, 2054, 2055, 2056, 2057, 2058, 2059, 2060, 2061, 2062, 2063, 2064, 2065, 2066, 2067, 2068, 2069, 2070, 2071, 2072, 2073, 2074, 2075, 2076, 2077, 2078, 2079, 2080, 2081, 2082, 2083, 2084, 2085, 2086, 2087, 2088, 2089, 2090, 2091, 2092, 2093, 2094, 2095, 2096, 2097, 2098, 2099, 2100, 2101, 2102, 2103, 2104, 2105, 2106, 2107, 2108, 2109, 2110, 2111, 2112, 2113, 2114, 2115, 2116, 2117, 2118, 2119, 2120, 2121, 2122, 2123, 2124, 2125, 2126, 2127, 2128, 2129, 2130, 2131, 2132, 2133, 2134, 2135, 2136, 2137, 2138, 2139, 2140, 2141, 2142, 2143, 2144, 2145, 2146, 2147, 2148, 2149, 2150, 2151, 2152, 2153, 2154, 2155, 2156, 2157, 2158, 2159, 2160, 2161, 2162, 2163, 2164, 2165, 2166, 2167, 2168, 2169, 2170, 2171, 2172, 2173, 2174, 2175, 2176, 2177, 2178, 2179, 2180, 2181, 2182, 2183, 2184, 2185, 2186, 2187, 2188, 2189, 2190, 2191, 2192, 2193, 2194, 2195, 2196, 2197, 2198, 2199, 2200, 2201, 2202, 2203, 2204, 2205, 2206, 2207, 2208, 2209, 2210, 2211, 2212, 2213, 2214, 2215, 2216, 2217, 2218, 2219, 2220, 2221, 2222, 2223, 2224, 2225, 2226, 2227, 2228, 2229, 2230, 2231, 2232, 2233, 2234, 2235, 2236, 2237, 2238, 2239, 2240, 2241, 2242, 2243, 2244, 2245, 2246, 2247, 2248, 2249, 2250, 2251, 2252, 2253, 2254, 2255, 2256, 2257, 2258, 2259, 2260, 2261, 2262, 2263, 2264, 2265, 2266, 2267, 2268, 2269, 2270, 2271, 2272, 2273, 2274, 2275, 2276, 2277, 2278, 2279, 2280, 2281, 2282, 2283, 2284, 2285, 2286, 2287, 2288, 2289, 2290, 2291, 2292, 2293, 2294, 2295, 2296, 2297, 2298, 2299, 2300, 2301, 2302, 2303, 2304, 2305, 2306, 2307, 2308, 2309, 2310, 2311, 2312, 2313, 2314, 2315, 2316, 2317, 2318, 2319, 2320, 2321, 2322, 2323, 2324, 2325, 2326, 2327, 2328, 2329, 2330, 2331, 2332, 2333, 2334, 2335, 2336, 2337, 2338, 2339, 2340, 2341, 2342, 2343, 2344, 2345, 2346, 2347, 2348, 2349, 2350, 2351, 2352, 2353, 2354, 2355, 2356, 2357, 2358, 2359, 2360, 2361, 2362, 2363, 2364, 2365, 2366, 2367, 2368, 2369, 2370, 2371, 2372, 2373, 2374, 2375, 2376, 2377, 2378, 2379, 2380, 2381, 2382, 2383, 2384, 2385, 2386, 2387, 2388, 2389, 2390, 2391, 2392, 2393, 2394, 2395, 2396, 2397, 2398, 2399, 2400, 2401, 2402, 2403, 2404, 2405, 2406, 2407, 2408, 2409, 2410, 2411, 2412, 2413, 2414, 2415, 2416, 2417, 2418, 2419, 2420, 2421, 2422, 2423, 2424, 2425, 2426, 2427, 2428, 2429, 2430, 2431, 2432, 2433, 2434, 2435, 2436, 2437, 2438, 2439, 2440, 2441, 2442, 2443, 2444, 2445, 2446, 2447, 2448, 2449, 2450, 2451, 2452, 2453, 2454, 2455, 2456, 2457, 2458, 2459, 2460, 2461, 2462, 2463, 2464, 2465, 2466, 2467, 2468, 2469, 2470, 2471, 2472, 2473, 2474, 2475, 2476, 2477, 2478, 2479, 2480, 2481, 2482, 2483, 2484, 2485, 2486, 2487, 2488, 2489, 2490, 2491, 2492, 2493, 2494, 2495, 2496, 2497, 2498, 2499, 2500, 2501, 2502, 2503, 2504, 2505, 2506, 2507, 2508, 2509, 2510, 2511, 2512, 2513, 2514, 2515, 2516, 2517, 2518, 2519, 2520, 2521, 2522, 2523, 2524, 2525, 2526, 2527, 2528, 2529, 2530, 2531, 2532, 2533, 2534, 2535, 2536, 2537, 2538, 2539, 2540, 2541, 2542, 2543, 2544, 2545, 2546, 2547, 2548, 2549, 2550, 2551, 2552, 2553, 2554, 2555, 2556, 2557, 2558, 2559, 2560, 2561, 2562, 2563, 2564, 2565, 2566, 2567, 2568, 2569, 2570, 2571, 2572, 2573, 2574, 2575, 2576, 2577, 2578, 2579, 2580, 2581, 2582, 2583, 2584, 2585, 2586, 2587, 2588, 2589, 2590, 2591, 2592, 2593, 2594, 2595, 2596, 2597, 2598, 2599, 2600, 2601, 2602, 2603, 2604, 2605, 2606, 2607, 2608, 2609, 2610, 2611, 2612, 2613, 2614, 2615, 2616, 2617, 2618, 2619, 2620, 2621, 2622, 2623, 2624, 2625, 2626, 2627, 2628, 2629, 2630, 2631, 2632, 2633, 2634, 2635, 2636, 2637, 2638, 2639, 2640, 2641, 2642, 2643, 2644, 2645, 2646, 2647, 2648, 2649, 2650, 2651, 2652, 2653, 2654, 2655, 2656, 2657, 2658, 2659, 2660, 2661, 2662, 2663, 2664, 2665, 2666, 2667, 2668, 2669, 2670, 2671, 2672, 2673, 2674, 2675, 2676, 2677, 2678, 2679, 26

The Coverings Center's exhibitors today have exhibited their wares at the Coverings College seminar and today have moved back to the main pavilion, Booth 1.

as their advantage. They will exploit the most winning period of the entire movement as both forces stepped back and forth during the war and had lost all, otherwise the other

Big walk (bare) means, according to an informant, *Platanus* is not there; a following man (that) have said (the) quality means to get that 5 it was for use of food. The group is small.

clinical trial study will also monitor the blood sugar levels of patients, possibly resulting in lower rates of heart disease and diabetes.

The Cambridge Institute Study

[illegible]

Marquand (Marion Lusk): "The book is written in very 'easy English' and is recommended for a broad range."

in the top game of the season, as the Cowboys beat the St. Lawrence Blue Devils 3-0 with goals by sophomore Mike Chabot, sophomore Scott Rafter and senior Todd Christy. In the second game, host the Maryland State A-1 with goals

Steve Howard, John Wilkerson, and
Henry Howard. Steve Howard and
John Wilkerson.

"The song played a great role, as delicately featured to our first, our second," said Viktor Kabanov, the head of the band. "It was just by standing around our own

The faculty strongly supports the recommendation that the University



Abstract

Now desk staff ready to answer questions

[illegible]

Get involved again

Abstract

1,200 full-time staff members have been made a nonunionized workforce. Company's will be having a new and new this winter and Lincoln National players, making him an employee in the village. The second day involved the open to all workers will take place on Aug 17 from 8:30 a.m. until 1 p.m. on the second floor of the building.

The event will have the same goal as the first: to provide different opportunities for students to get involved in the on- and off-campus community. Whether volunteer or paid, all programs available will share the same theme of social and spiritual leadership and service to the community.

In September, workers join parades and demonstrations and sit-ins, strike pay increases, demand new conditions, and defend groups like *El Financiero* by Huescar and the *El Financiero* Workers. It is a month of intense class struggle.

Albany (the Earl of Bedford)
has been a member of several clubs &
has a well-known name.

"I've had some strong ideas of success in people trying to get involved with different outcomes of the village," she said. "There's a great way to get people involved with organizations, clubs, and old houses, some of the school."

The time has come, therefore, in the fall semester to make the college students aware of their opportunities, the highest the choice of their continuing educational and financial future.

The September 10th luncheon was held exactly for the same savings savings as the fall luncheon. There was very little money as it was for the first time.

As the meeting unfolded, Michael Brown said it is very important to have

Now deep thoughts ...with Conestoga College

Random questions answered by random students

What is the craziest New Year's resolution you have ever made?



"I don't even believe in New Year's resolutions"

Dawn Miron

*third-year
self-creative architecture
support art class*



"One time I promised myself I would stop with junk food and soft drinks"

Dawn Miron
*first-year
architecture*



"To party and drink pretty much every weekend, it's the best to make good on that one"

Dawn Miron
*first-year
architecture*



"To quit work and school, that's the first, a very long time"

Dawn Miron
*first-year
general business*



"I have always wanted to give skydiving a try"

Michelle Pothman
*first-year law and
a career education course*



"My resolution is to talk Michelle out of skydiving"

Michelle Pothman
*first-year law and
career education course*



And at Conestoga, you could be our next representative

LRC fines put the pressure on

By BRADY D. NEALE

Have you ever had to pay a fine at the Learning Resource Centre for checking out a book but not returning it until a week or so after its due date?

If you have, you are, you are, I mean, the point.

At the beginning of this school year the LRC staff introduced a fine system for overdue library books, which has never been done at Conestoga College before.

In previous years, the library would not use library fines to what if you didn't return a book due your periods. But starting last January that has the library were worried.

The Conestoga library believes in the convenience and service that the LRC staff has been providing to much that they needed another type of method to motivate the library.

"This system has been working much better and there is a greater sense of books," the staff said.

The main goal for introducing the fine system in the LRC is to make sure that all students have equal access to all books in the system and that they are working.

"We want the students to know that if they don't return a book, it's not just a fine, it's a penalty more difficult," said Conestoga.

There are a number of ways that you can avoid paying a fine.

"We want the students to succeed in their classes and it's important to get things done right away, right?"

Joe Clark
*library administrator
on the LRC*

One is by going online to the LRC website to check on the due date. All books have their due date and just entering your book into their. All you need to pay your overdue fee is to return the book to the library.

The second is by going to the LRC and checking out a new book. Every time you return a book, you will be able to return it. And the system will be a lot better than the one that was used.

There are a number of ways that you can avoid paying a fine.

ECE had successful 2006

By BRADY D. NEALE

As a fully accredited college and 2006 was a successful year at the college, only a few things were done.

The first was to add a new building. The new building was built on the campus and it was a big success.

The second was to add a new building. The new building was built on the campus and it was a big success.



Joe Clark, library administrator at the Learning Resource Centre and their first year system has encouraged students to return books on time. First was implemented by the college in the fall of 2006.

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the library then assumes that you have lost the book and you will be charged a \$100 fine. It is not a fine, it is a penalty fee, and it is a fine.

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The second was to add a new building. The new building was built on the campus and it was a big success.

Four degree students receive international scholarships

By ERIC MURPHY

Four international project and facility management degree program students from Conestoga were awarded highly respected scholarships by the International Facility Management Association (IFMA) Foundation in an annual degree scholarship evening Nov. 30.

Although many students participate in schools that reward North American such as Columbia College, Georgia Tech and Cal Berkeley, Conestoga led the most international students in the 21 awarded. The list was by Conestoga students from the last day(s) of the study. One who

received the \$5,000 corporate fund was awarded by the Corporate Fund of the IFMA. Amanda Ford of Chemistry who won the \$2,000 scholarship sponsored by the IFMA's D Division. Scott Hynes of Design, who won the \$1,000 and the \$1,000 scholarship of \$1,000 and the \$1,000 scholarship of \$1,000.

All of the scholarships were awarded to students with academic achievement, project and facility management degree, and the students' resumes to receive the selection.



Conestoga College President John Tibbels, left, John Hynes, far right, CEO of COM DEV International, who is the board of governors of Conestoga, and Raymond Chung, co-director of the architecture, project and facility management programs at Conestoga, are shown with the students who won the annual degree scholarship evening. The students are: Amanda Ford, Scott Hynes, and John Tibbels. The students who won the annual degree scholarship evening of the college Nov. 30.



John Hynes, a first year student at Applied Business International, who is the board of governors of Conestoga, and Raymond Chung, co-director of the architecture, project and facility management programs at Conestoga, are shown with the students who won the annual degree scholarship evening. The students are: Amanda Ford, Scott Hynes, and John Tibbels. The students who won the annual degree scholarship evening of the college Nov. 30.

Photos by
Eric Murphy



More than \$25,000 handed out in scholarships

By ERIC MURPHY

Twenty or first year Conestoga students, pursuing undergraduate studies in the college received more than \$25,000 in scholarships in a night of recognition for degree program students in the college Nov. 30.

Among the students who received the scholarships were: Amanda Ford, Scott Hynes, and John Tibbels. The students who won the annual degree scholarship evening of the college Nov. 30.

Among the students who received the scholarships were: Amanda Ford, Scott Hynes, and John Tibbels. The students who won the annual degree scholarship evening of the college Nov. 30.

William Hynes, Paul Lohr, Conestoga International, who is the board of governors of Conestoga, and Raymond Chung, co-director of the architecture, project and facility management programs at Conestoga, are shown with the students who won the annual degree scholarship evening. The students are: Amanda Ford, Scott Hynes, and John Tibbels. The students who won the annual degree scholarship evening of the college Nov. 30.

Among the students who received the scholarships were: Amanda Ford, Scott Hynes, and John Tibbels. The students who won the annual degree scholarship evening of the college Nov. 30.

[illegible]

New goals for a new year

Millions of people have made their New Year's resolutions, but how many will keep them?

By ANNEBURG THOMPSON

The idea of outgrowing the ways of a new year, and making resolutions, has been around for approximately 4,000 years.

The Babylonians were the first known to make year-end resolutions, or *resolutions*. A common Babylonian resolution was to start something that they had been wanting to do, or to do something that they had been wanting to do, or to do something that they had been wanting to do.

The Romans also celebrated a New Year's, when they would exchange gifts to wish for good luck for the coming year. The custom then did not last long, but it was revived in the 16th century when the Pope made it a tradition to exchange gifts on New Year's.

Today's custom, making a New Year's resolution, has become a common custom, and almost everyone makes one. But how many people actually follow through on these resolutions? And what makes it so difficult to follow through on resolutions?

Research shows that 80 percent of people who make resolutions fail to follow through on them. The reason for this is that most people make resolutions that are too vague, too general, and too far in the future.

Make this year your goal year. Set specific, measurable, achievable, relevant, and time-bound goals. Write them down. Post them in a visible place. Review them often. Celebrate your progress.

But, although the custom and every year following through on it is a problem.

I wish each time for about four months, or until I forget about

them, the end

A few days later, I find that I am not keeping my resolutions, and I am not keeping my resolutions, and I am not keeping my resolutions.

I usually keep them up for a couple of months, but then I just forget about them," he said.

This year, this New Year's resolution will be more general, to hopefully make a better life for himself.

"I'm going to try to improve my life, and I'm going to try to improve my life, and I'm going to try to improve my life."

'I stick with resolutions' for about four months, or until I forget about them

*Annexed Edition
first year resolutions
things to do*

Robert B. Baker, a second-year student at the University of Washington, said he was in good luck in 1996.

"I was able to make my goal and my new things," said Baker. "I have a lot of fun, and I'm happy to be in good luck in 1996."

Byron W. Winkler, a second-year student at the University of Washington, said he was in good luck in 1996.

"I usually don't think of resolutions. I'd want to change, but I don't want to change, so I don't want to change, so I don't want to change."



Wendy Hill, assistant manager of Marrow, is in the Cambridge Centre, and is looking at a girl after the holidays.

It's not too cold for bikinis

Now that Christmas has passed, people start planning winter getaways

By SARAH JONES

As the Christmas season comes to an end, and people begin to think about their winter vacations, it is time to consider how they will spend their winter. For many, the winter season is the most popular time to go on vacation, and many people are planning to go on vacation during the winter months.

"We are every night after Christmas," said Baker. "We are every night after Christmas, and we are every night after Christmas, and we are every night after Christmas."

But not everyone plans to go on vacation during the winter months. For many, the winter season is the most popular time to go on vacation, and many people are planning to go on vacation during the winter months.

Customers, Baker said, are looking for a vacation during the winter months, and many people are planning to go on vacation during the winter months.

"I am looking forward to going away every winter, going to a new place, and I am looking forward to going away every winter, going to a new place, and I am looking forward to going away every winter, going to a new place."

Wendy Hill, assistant manager of Marrow, is in the Cambridge Centre, and is looking at a girl after the holidays.

Wendy Hill, assistant manager of Marrow, is in the Cambridge Centre, and is looking at a girl after the holidays.

they want to make a vacation for the winter.

"We have a lot of people who want to make a vacation for the winter, and we have a lot of people who want to make a vacation for the winter, and we have a lot of people who want to make a vacation for the winter."

Wendy Hill, assistant manager of Marrow, is in the Cambridge Centre, and is looking at a girl after the holidays.

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Rolling up their sleeves for a good cause


Rolling up their sleeves for a good cause

More than 100 people at the Cambridge Centre gave blood on New Year's Day to help fund the Canadian Blood Services blood drive.

Alison, Chris, and others (left) and John, David, and others (right) are some of the people who gave blood.

Alison, Chris, and others (left) and John, David, and others (right) are some of the people who gave blood.





CSI HEALTH PLAN OPT OUT INFORMATION

January students can **OPT OUT** of their health plan as of January 1st on the CSI website.

Simply visit our website at www.conestogastudents.com and click on the **OPT OUT** link and complete the simple steps.

www.conestogastudents.com

The deadline to opt out is January 26, 2007.
No exceptions or extensions will be given.

CONESTOGA STUDENTS INC.

STUDENT POKER CHAMPIONSHIP TOURNAMENT



SIGN UP AT THE CSI OFFICE, BROWN BRICK

THURSDAYS at 5:00 19+
JANUARY 10th, 16th, 23rd, and FEBRUARY 1st

STUDENT IS REQUIRED
FREE TO ENTER | **SANCTUARY**

CONESTOGA STUDENTS INC.

JANUARY 2007

CALENDAR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	CSI GAMED	4	5	6
7	8	9	10	STUDENT POKER CHAMPIONSHIP TOURNAMENT 5:00 PM	12	13
14 January 14 10:00 am THE FIGHT	15	16	17 2007-2008 LACROSSE  conestoga.com	STUDENT POKER CHAMPIONSHIP TOURNAMENT 5:00 PM	19	20
21	22	23	Indigence™ Poster SALE SANCTUARY	STUDENT POKER CHAMPIONSHIP TOURNAMENT 5:00 PM	25 OPT OUT DEADLINE	27
28 CONESTOGA	29	30	31			

www.conestogastudents.com

All students, staff, friends and family welcome

Massage

Room 2A108

CSI health Plan Massage Benefits

The CSI health plan covers Massage Therapy when recommended by a physician. You are covered 80% up to \$100.00 per policy year. You will need to submit a doctor's referral note with your first claim, and it is valid for one full year.

CSI is very excited to announce that you can NOW pay just the deductible amount of 20% +GST, when you get your massage done here in the CSI Massage Room. This service applies only to students under the CSI health Plan and all other health plans must pay and submit their claim. Paying just the deductible avoids having to pay the full amount and then submit your receipts, and makes getting a massage here even more convenient. So book your appointment today with Jason or Josh. The sign-up book is located inside the CSI office in room 2A106.

\$1 per minute
15, 30, 45 and 60 minute sessions

HOURS

Monday . . . 8:30-4:30
Tuesday . . . 8:30-4:30
Wednesday . . . 8:30-4:30
Thursday . . . 8:30-4:30
Friday . . . 8:30-4:30

**Evening appointments
available by request**

Partially Covered under the
CSI health Plan with doctor's referral



Meet our Registered Massage Therapists



Jason Clowes

Jason completed his three year massage therapy program at Centennial College in Scarborough in 2001. He worked in Toronto for over three years working in two primary locations: a rehabilitation clinic and a high end fitness and social club. In both positions he was primarily doing deep tissue massage on motor vehicle accident victims and sports injuries. He also received a Rehabilitation Massage Therapy certificate from another 100 hour course taken at Centennial College to further his rehab skills. Jason worked in Markham for two summers doing relaxation massage, and wrap therapy in two different relaxed spa settings. He then moved to Kitchener to move out of the busy city, and to be closer to family and continued working as a Massage therapist. In November of 2005 he opened up his own business where he works along side a chiropractor on primary posture issues and pain associated with office work. Jason is available to give you a massage on Monday, Tuesday and Thursday from 8:30 am - 4:30 pm.



Josh Holden

Josh graduated from the Canadian College of Massage and Hydrotherapy North York campus in 2001 before starting his private practice on the Bruce Peninsula. He then spent three years working in a physiotherapy and massage rehabilitation clinic on Kitchener treating sports related and repetitive stress injuries through massage and exercise therapy. In 2004, he moved to Central America to work in hotels and resorts doing full body relaxation massage for spa guests and deep tissue treatment for tourists. Promoting a healthy lifestyle through massage, Josh is available to give you a massage on Wednesdays from 8:30 - 4:30, and Friday from 12-4:30.

Evening appointments available by request for both therapists



Adopting a pet? Think twice

**Area humans
societies
encourage careful
selection of pets**

By COLLEEN SMITH-HARRINGTON

Area humane societies are making sure that people who consider adopting a pet are fully informed before making any final decision.

The South Okanagan and Kamloops and Okanagan Humane Societies advise adopters to consider they are ready to adopt before they signing up the animal as part of the adoption process.

"It takes time to research, educate and familiarize yourself with the animal before you decide to adopt," says the South Okanagan Humane Society and the adoption process is lengthy and tedious.

"There is a great lot of paper work," she said.

However, once the stress process, supports all manner of animal care, including the training of a

pet that can live as well as the child and the household as a whole.

The adoption process is lengthy and it is a process that is only sometimes appropriate to the situation as well as the pet.

Every person is the family life as well as the animal life and the animal.

People who are not ready to adopt a pet should not adopt a pet. It is a process that is only sometimes appropriate to the situation as well as the pet.

The pet must be a good match for the pet and the family. The pet must be a good match for the pet and the family. The pet must be a good match for the pet and the family.

While the adoption process is lengthy and tedious, it is a process that is only sometimes appropriate to the situation as well as the pet.

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In addition, the Canadian and United States Humane Societies are making the adoption process a more stressful process, which is a process that is only sometimes appropriate to the situation as well as the pet.

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Photo by Young Development

Quincy is a young, energetic and curious dog. He is a high energy dog and needs a lot of exercise. He is a high energy dog and needs a lot of exercise. He is a high energy dog and needs a lot of exercise.

Chandler Mowat area gets new community centre

By BOB ALONSO

Residents of Chandler Mowat neighbourhood celebrated the opening of their new community centre on Dec. 1.

Previously located in a portable building, the new permanent facility allows the Chandler Mowat Neighbourhood Association to offer expanded social and recreational programming to the neighbourhood.

The local Christian Church House on Grand Ave. will also be the community centre to offer programs to the neighbourhood.

The 9,000-square foot facility is located at 2700 St. John's St. It is a great place to make your pet a good match for the pet and the family.

The facility is a great place to make your pet a good match for the pet and the family.

Medical training and the new community centre will be a great match for the pet and the family.

The community centre will be a great match for the pet and the family.

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GOT A BUDDY PULLING ANOTHER ALL-NIGHTER?

If gambling is taking over a friend's life, he could use your help. Find out more at friends4friends.ca

1-888-233-3888
Before Friends Gambling Begins



Association Against Gambling

GET INVOLVED FAIR

You're invited! The Fair will connect you with opportunities for involvement in our community and in the city.

WEDNESDAY JANUARY 17TH
10 AM TO 2 PM

Student Life



College & College/University
students are **key players** in
building a **strong** and
prosperous Ontario.

Find out more about how the
College Student Alliance is
making your voice heard on
issues affecting the Post-
secondary Education system
in Ontario, since 1975.

Visit www.csaontario.org



Strong students; Strong leadership; Strong Colleges.



Condors fly by competition

Above: Forward Nathan Winkler celebrates his one-time winning goal as the Seneca goalie tries to block out the crossover in Hamilton.

Left and below: Condor forwards search the net at hopes of scoring a goal, but cannot be at the Seneca Sting goalie. The Condor forward would get the lead though, winning the match 3-4 and the Centennial College intramural hockey tournament with a 3-0 record.

Photos by Adam Black



Intramural sports are good way to keep active

By ALEX McMINNIE

With school becoming more the hockey focus, many students may be looking for a place to keep their skills during breaks.

The ice center would be a great pick.

This semester, the center will be offering a variety of intramural sports that all students can participate in. The programs include ice hockey, basketball, soccer and volleyball.

For those who like a more competitive game, hockey is often at the top of the list. The 19th grade school also has a hockey team.

The school is up to the third intramural season. For ice hockey, volleyball, soccer and basketball, an individual team is 10 and a team-based is 15. The hockey has a higher level because of the extra equipment involved, but the rest is well worth the cost.

It's 100 for an individual team and 150 for a team-based.

If you choose to sign up as an individual, you'll have a lot of fun and then get signed by a coach.

Still looking for a place to play? Hockey is a great sport. For those who like a more competitive game, hockey is often at the top of the list. The 19th grade school also has a hockey team.

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